a festival by
3M Dot Bands
theatre family society

Department of
Art & Culture,
Govt. of Rajasthan

jairangam

11 - 15 DECEMBER 2024

JKK
Jawahar Kala Kendra, Jaipur

FRINGES

about
Jairangam

Introduced by the 3M Dot Band Theatre Family Society, Jairangam is a celebration, an acronym for 'Jaipur Theatre Festival'.

Since its inception, Jairangam has introduced a number of artists in the field of acting as well as direction. Jairangam in its present form is the biggest theatre festival of the country receiving accolades from the theatre fraternity, audiences and media.

Theatre has nurtured some of the most polished actors and yet is not considered mainstream entertainment in most parts of the country. Through Jairangam, theatre has been given its due in the spotlight via a cross-interactive platform between regional, national and international performers-actors, directors, story tellers, scriptwriters, technicians and so on. The core mission of Jairangam is to establish a stage for intercultural exchange by bringing together plays and artists from all around the world under one roof.

Jairangam started with an aim to celebrate diversity and to uplift the theatre scene in Jaipur as well as Rajasthan.

The previous 12 editions proved to be tremendously successful. In view that the dream that Jairangam weaved for Jaipur is now a reality, it plans to weave the same dream for other states in the country, namely Maharashtra, West Bengal, Assam and Karnataka.

Hence, Jairangam brings to you its 13th edition, a lineup that exudes diversity and is curated with love for the art of theatre.

about
3m Dot Bands Theatre Family Society

Established in the year 2001, 3M Dot Bands Theatre Family Society is a registered NGO with Registrar of Societies Jaipur that has been dedicated and working for promotion of art, culture and theatre through various workshops, dramas, street plays, seminars and campaigns.

3M Dot Bands is a leading theatre group which has produced and presented the best of theatre art in Jaipur and Rajasthan. A name perfectly positioned as leading theatre producer and connecting people with theatre art movement.

We believe that any art form in this world is function of three M's;
***Man** is The creator*
***Moment** is Big Bang in life of creator when creation happens, is destiny's gift*
***Milieu** is The environment of self-expression*
***Dot** represents Technology & Management, introduces creator to masses*
***Bands** when all these are blended together, life is full of colours*

*We undertake social initiatives like women empowerment, swachchata abhiyaan, unity in diversity, unprivileged children through the medium of street plays and other art forms. Staged about 500 house full performances of different genres in the past 22 years. The festival & performances are till date unparalleled in response of audience and unmatched in quality productions - **SATTA, PHUGGE, JAIPUR THEATRE AWARDS** and the mega theatre festival **JAIRANGAM***

festival schedule

	12:00 pm Krishnayan	04:00 pm Rangayan	07:00 pm Madhyavarti	02:00 pm Krishnayan	12:00 pm Surekh (Art Gallery)	10:00 am Sukriti (Art Gallery)
11/12 Wednesday	**7:00 pm** *(Film Screening)* **Kaagaz ki Kashti** JAGJIT SINGH COME ALIVE *directed by: Brahmanand S Siingh* *127 minutes I hindi* *followed by QnA with the Director*	**Gordhan ke Joote** *directed by: Deshraj Gurjar* *100 minutes I dhundhadi, hindi, rajasthani*			**Pitaara** *Curated by: Karan Singh Gahlot*	**Khushboo -e- Rajasthan** *Photography Exhibition* *Curated by: Sanjay Kumawat*
12/12 Thursday	**Kela** *directed by: Bhumika Dube* *70 minutes I hindi*	**Rashmirathi** *directed by: Abhishek Mudgal* *90 minutes I hindi*	Mehfil @ Jairangam **Ishq Hai** *by: Priya Malik* *70 minutes I hindi*	**Young Minds & Theatre Scenarios in Jaipur** *(Rang Samwaad)*		
13/12 Friday	**Besharam ka Paudha** *directed by: Rajesh Nirmal* *60 minutes I hindi*	**Chauthi Cigarette** *directed by: Danish Iqbal* *80 minutes I hindi*	Jairangam x Jaipur Virasat Foundation **Kamaicha:** The Legacy of Manganiyars *curated by: Sandeep Ratnoo* *75 minutes I rajasthani, hindi*	**Contemporary Theatre and Challenges** *(Rang Samwaad)*		
14/12 Saturday	**Sakal Jaani He Naath** *directed by: Srinivas Beesetty* *90 minutes I hindi, bundeli, braj, awadhi*	**30 Days ptember** *directed by: Ruchi Bhargava Narula* *90 minutes I english*	**Karn** *directed by: Kulvindar Bakshish Singh* *90 minutes I gujarati, marathi, hindi, english*	**Influence of Childhood in the Stories of Now** *(Rang Samwaad)*		**People Tree Poetry Dialogue** *Session by: Kartikay Agarwal* *120 minutes I english, hindustani*
15/12 Sunday	**Patna ka Superhero** *directed by: Nihal Parashar* *75 minutes I hindi*	**The Axiom of Choice** *directed by: Marcus du Sautoy & Lu Descourtier* *75 minutes I english*	**Aaj Rang Hai** *directed by: Purva Naresh & Gopal Dutt* *120 minutes I hindustani*			**Own Your Body** *Session by: Neha Vyaso* *300 minutes*



Kela

12 dec

written & directed by Bhumika Dube *I Bhoomika Theatre & Jairangam*
70 minutes I hindi

cast and crew: Bhumika Dube, Gouri Dutt, Prerna, Melitta D'souza, Priyash Pathak, Payal Kalra, Aditi Kanchan Singh, Atrrayee Chowdhury, Jahnvi, Vaidaangi Sharma, Sameer Alam, Aashna Sethi

'Kela' is the colorful journey of an unusual young girl named, Kela, who dreams of selling her Jamun fruit in the big city which she has very dedicatedly grown from her own beloved Jamun tree. Set in 1950s India, Kela comes from a humble middle-class family in an unassuming rural village that is plagued by patriarchal and orthodox religious traditions; some of which are prevalent even today. This one-woman show will take you through Kela's life story from her youth to old age, portrayed by a wide array of fascinating characters in Kela's life. The ups and downs of life and trying to move on with the trauma and grief that comes from loss, proving that sometimes, some loves are too significant to ever be forgotten.



Besharam Ka Paudha

13 dec

written & directed by Rajesh Nirmal
60 minutes I hindi

cast and crew: Rajesh Nirmal, Mallika Taneja, Anand Kumar, Abhishek Nishaad, Sangeet Srivastava, Chayan Adhikaari, Drishti Chawala

This piece stands like a bridge between the lived experiences of the performer from his village and the city. Rajesh brings these two far-apart worlds together through stories, games, clothes, and anecdotes as he navigates his way through the daily realities of the caste-based society in India. The piece openly talks about caste-based struggles and nudges the audience to look within and ask - how does caste play a role in our lives?



Sakal Jaani He Naath

14 dec

directed by Srinivas Beesetty *I Kahe Vidushak Foundation*
90 minutes I hindi, bundeli, braj, awadhi

cast and crew: Bhumika Mane, Vivek Sinha, Gitanjali Kalta, Banshi Pagla, Hansha Pallavi, Srinivas Beesetty

Men are Innocent, or so they say, while playing the victim card inevitably alleging that Women are guilty as charged! Sakal Jaani he Naath is a folk musical comical satire, adapted from Vasant Deo's Sudama Ke Chawal. It revisits the famed mythological fable about Lord Krishna and his childhood friend Sudama and explores the narrative of the contemporary human situation, man's double standards, and his convoluted mind. The play runs parallel with Narottam Das's Sudamacharit and their verses are sung in folk tunes of Doha, Alha and Behre Tavil

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Patna Ka Superhero

15 dec

written & directed by Nihal Parashar*I D For Drama Foundation*
75 minutes I hindi

cast and crew: Ghanshyam Lalsa, Yash Potnis, Dhiraj Yadav, Arvind Pal, Harpreet, Sumit Raj Yadav, Divyendu Saurav

"Hamare hisaab se duniya mein teen hi krantikari huye hain: Karl Marx, Bhagat Singh, aur Pintu Bhaiya". With this begins the fascinating story of Pintu Bhaiya, seen from the eyes of a young Patna boy back in the early 2000's. The Pintu Bhaiya: Notorious gang leader, local legend, and most importantly, a hopeless romantic, desperately in love. Our young, impressionable narrator tells this tale of "love", small-town shenanigans, and displaced identities with humour, satire, and a rare innocence that will warm your heart, make you burst out laughing, and sometimes cry (lekin Pintu bhaiya ne bola hai ki "Rona Nahin Hai!").

rang
samwaad

krishnayan
2:00 pm

रंग संवाद

Young Minds & Theatre Scenarios in Jaipur
जयपुर शहर का युवा मन और रंगमंच का परिदृश्य

12 dec

Moderator: *Mumal Tanwar*

Shubham Ameta, Deshraj Gurjar, Anuranjan Sharma, Chinmaya Madan, Abhishek Vijay, Gaurav Kumar

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Contemporary Theatre and Challenges
समकालीन रंगमंच और चुनौतिया

13 dec

Moderator: *Raghvendra Rawat*

Sabir Khan, Abhishek Goswami, Shiva Prasad Tumu

Influence of Childhood in the Stories of Now
आज की कहानियों में बचपन का प्रभाव

14 dec

Purva Naresh and Srinivas Beesetty



Gordhan ke Joote

11 dec

written & directed by **Deshraj Gurjar** *I Rang Bhasha Theatre Group*
100 minutes I hindi

cast and crew: Pratiksha Saxena, Pankaj Chauhan, Aarif Khan, Sachin Saukhariya, Pradeep Banjara, Sunil Saini, Madhu Devasi, Surbhi Dayama, Bhanupriya Saini, Deepak Saini, Manan Verma, Nitesh Verma, Krishan Pal Singh Naruka , Shubham Soyal, Manish Gora, Jitendra Evnani, Jaya Sharma, Vikash Harma, Kajod, Ved Prakash, Pranjal Gurjar, Kashish Kolekar, Shalini Kumari, Pankaj Sharma, Subham Tiwari, Sahil Ahuja, Arbaz Hussain, Animesh Acharya, Ajeet Singh Saukhariya, Anjali

"In our society, there's a prevalent malpractice of judging an individual's character based on their physical appearance or attributes. Those who fit into the societal mold are often considered superior, while those with unique features are relegated to inferior status. The play 'Goradhan Ke Jootey' (Goradhan's Shoes) highlights the plight of a girl, Mathra, who doesn't conform to societal norms due to her unusually large feet. The story revolves around Mathra's wedding, arranged by her grandfather in her childhood. As the wedding approaches, both families face a dilemma: finding shoes to fit Mathra's large feet. This seemingly trivial issue snowballs into a massive problem, reflecting the societal pressures and prejudices. During the search for shoes, the narrative touches upon various themes: gender-based discrimination, domestic violence, and the constraints faced by women. Mathra's aunt, who escaped an abusive marriage and started anew in Delhi, represents the struggles of women seeking independence. As the story unfolds, Mathra's dreams of becoming a basketball player are revealed. However, she had sacrificed her aspirations to maintain family honor and fulfill her grandfather's promise. The play poignantly portrays the clash between traditional expectations and individual desires. The climax revolves around Mathra's refusal to marry, citing her selection in the national basketball team. She asserts her right to wear shoes that fit her, symbolizing her desire for self-expression and freedom. Deepu, the groom, supports Mathra's decision, and together they defy societal norms. Goradhan's Shoes becomes a metaphor for the couple's quest for a better society, where individuals can think freely and live without constraints. They're not abandoning their responsibilities or family but seeking to break free from the societal prison that restricts their growth."



Rashmirathi

12 dec

directed by **Abhishek Mudgal** *I Rang Mastaaney*
90 minutes I hindi

cast and crew: Naveen Sharma, Abhishek Mudgal, Girish Kumar Yadav, Yogesh, Nipun Mathur, Garima Singh Rajawat, Rahul Pareek, Pranjal, Sudhanshu Shukla, Vivek Jakhar, Dev Swami, Nishant Sahu, Rishab Mudgal, Aakash, Rishab Pal, Preetam Singh, Akash Sharma, Aditya Bhamboo, Khushbu Basandani, Divyansh Shivnani, Keshav Parashar, Roshik Parihar, Sonu Sharma, Ritika Choudhary, Mohit Singhal, Sumit Silan, Anushri, Bhargavi Singh Naruka, Amit Choudhary, Sargam Bhatnagar, Sunil, Savan Kumar Jangir, Prity Dubey, Keshav Parasar, Divyansh Shivnani, Rashtrakaavi Shri Ramdhari Singh Dinkar

Rashmirathi" is an exceptional literary work written by the esteemed Indian poet Ramdhari Singh 'Dinkar.' Our adaptation brings this epic poem to life on stage, offering audiences a unique and immersive experience. The narrative of "Rashmirathi" revolves around the life of the legendary character Karna, a pivotal figure from the Indian epic, the Mahabharata. The title, "Rashmirathi," meaning "The Sun's Charioteer," is a homage to Karna, the valiant son of Surya, the Sun god, celebrated for his valor and generosity. The play delves deep into Karna's journey, from his humble beginnings as an abandoned child to becoming a central figure in the Kurukshetra War, where he allies with the Kauravas against his own brothers, the Pandavas. "Rashmirathi" meticulously captures the inner conflicts and moral ilemmas faced by Karna, his unwavering loyalty to his dear friend Duryodhana, and his relentless pursuit of his true heritage.The play explores themes of duty, destiny, friendship, and the profound consequences of life-altering choices.



Chauthi Cigarette

13 dec

directed by **Danish Iqbal** *I Rangsaaz Theatre and Cultural Group*
80 minutes I hindi

cast and crew: Danish Iqbal, Sundar Lal Chahbra, Vipin Bhardwaj, Nandini Banerjee, Kanika, Tanu, Shamailah Danish, Shah Fahad Alam, Amir Khan, Nishtha, Sunny, Yogesh Tripathi, Navneet Bhardhwaj, Shivam Tiwari, Akshay Kumar, Amir Khan, Zeba Danish

Chauthi Cigarette is a compelling exploration of desire and ambition, probing the lengths to which individuals will go to fulfill their dreams. The narrative unfolds around two contrasting figures—Vireshwar Sengupta and Samrendu Sanyal—whose intertwined fates illuminate the complexities of success and fulfillment. Vireshwar Sengupta is a humble Bengali writer whose pen dances across the pages of newspaper columns, eking out a modest existence. With his modest means, he juggles the responsibilities of supporting his wife and three children in their simple, middle-class life. His dreams, though restrained by financial constraints, are rich with creativity and potential. In stark contrast, Samrendu Sanyal is a wealthy industrialist, the epitome of affluence and influence. Yet, despite his immense success in the business realm, he harbors a burning desire to be acknowledged as a writer. To achieve this, he conspires to obtain Vireshwar's brilliant literary creations, publishing them under his own name to win the prestigious Booker Prize. This act of literary appropriation not only brings Samrendu the acclaim he craves but also secures Vireshwar a financial windfall through royalties. The crux of the play lies in the juxtaposition of their achievements and the subsequent emotional toll. While Vireshwar's works bring Samrendu the coveted prize and elevate his status, the stolen glory leaves Samrendu hollow and discontent. Simultaneously, Vireshwar's newfound financial stability does little to satiate his yearning for recognition and creative fulfillment. In the end, both men reach their goals but find themselves ensnared in a web of dissatisfaction and unhappiness. The play poignantly underscores the irony of their circumstances, where the pursuit of ambition leads not to contentment, but to an unsettling void.



30 Days in September

14 dec

directed by **Ruchi Bhargava Narula** *I Kalandar Society*
90 minutes I english

cast and crew: Neekee Chaturvedi, Shashi Kiran, Mohit Krishan, Chirmi Acharya, Kartikey Mishra, Vaidehi, Asif Sher Ali Khan, Shazor Ali, Rajiv Mishra, Raju Kumar, Vivek Upadhyay, Vipin Sharma, Kanishk S Sharma, Kapil Mehghani, Ayan Pandey, Vedehi, Chinmay Madan, Mahesh Dattani, Ruchi Bhargava Narula

"Thirty Days in September" written by Mahesh Dattani delves into themes of love and betrayal within the confines of a family, addressing the sensitive issue of child sexual abuse and its profound effects on the victim's life and personality. The play vividly portrays Mala's plight, a victim ensnared by intrigue, silence, and societal indifference. Despite her outward façade as a resilient modern businesswoman, Mala grapples with inner conflict, attributing her woes to her mother, Shanta, who retreats into prayers. Amidst their conflict, Vinay and Deepak, two seemingly similar yet contradictory personalities, offer support. While one seeks to unmask evil at the cost of love, the other pursues selfish motives. The shocking climax of "Thirty Days in September" reveals who is the honest friend, the emotional manipulator, and the true victim

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Axiom of Choice

15 dec

directed by **Marcus du Sautoy and Lu Descourtier** *I QTP Entertainment Pvt Ltd - India*
75 minutes I english

cast and crew: Clive Mendus, Shipra Jain, Jospeh Prpwen, TJ Suliaman, Marcus du Sautoy, Nirlek Dhulla, Rachit Khetan

An exploration of free will, war and mathematics. From the Simonyi Professor for the Public Understanding of Science at Oxford University comes a ground-breaking new play The Axiom of Choice. Eminent mathematician Andre Weil is on a journey from France to India, Finland and beyond, to discover whether we really have free will or if all our choices are predetermined. Expect mathematics, movement but most of all the true story of how one man dodged death on more than one occasion. Imprisoned in Rouen during the Second World War, Weil faces a choice that will determine his fate - but his decision just doesn't make sense. Is life a mathematical theorem of logical strands? Because sometimes it just doesn't add up. This is Marcus' second work to be performed in India, following I is a Strange Loop. Most recently he has published his seventh book - Around the World in 80 Games, which has just been released in paperback. This production of The Axiom of Choice has been generously supported by Ben Delo, also supported by Dangor Education, Stage One Bursary Scheme for New Producers & Charles and Lisa Simonyi Fund for Arts and Sciences.

12 december



Mehfil @ Jairangam

Ishq Hai

by **Priya Malik**
70 minutes I hindi

team: Priya Malik, Priyanka Handa, Tanmay Maheshwari, Tahimeena Bashir Ali Yarali

Priya Malik is an award-winning spoken word poet, storyteller, and actor known for her unique perspectives on love and relationships. Performing in English, Hindi, and Urdu, her work has been featured on top platforms like Kommune, UnErase Poetry, Spill Poetry, and Tape A Tale, and at renowned festivals such as Jashn-E-Rekhta, Sahitya Aaj Tak, and Colomboscope. Her viral poem "Main 2019 mein 1999 dhoond rahi hoon" struck a chord with audiences, and her solo show "Ishq Hai" blends poetry and music, touring multiple cities across India. Featured in publications like Cosmopolitan, Femina, and Grazia, Priya is also set to release two collections of love poems, "Ishq ke Saat Padaav" and "For Those Who Love Too Much", later this year.

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13 december



Jairangam x Jaipur Virasat Foundation

Kamaicha - The Legacy of Manganiyars

curated by **Sandeep Ratnoo**
75 minutes I rajasthani, hindi

team: Ghanwar Khan Manganiyar, Dare Khan Manganiyar, Firoz Khan Manganiyar, Rafik Khan Manganiyar, Roshan Khan Manganiyar, Javed Khan Manganiyar,Sawai Khan Manganiyar, Latif Khan Manganiyar,Kheta Khan Manganiyar, Jakir Khan Manganiyar, Ajad Khan Manganiyart

This event will celebrate the remarkable legacy of Sakar Khan Manganiyar, the first Padma Shri awardee from the Manganiyar community, and honor his family's commitment to preserving his rich musical heritage. Three generations of his family will come together to perform in a powerful tribute to their musical lineage. The performance will feature traditional instruments of the Manganiyar community, including the Kamaicha, Dholak, Dhol, and Khartal, and will showcase songs that have been passed down through centuries. These timeless songs reflect the community's rich artistic tradition and its lasting cultural significance.

14 december



Karn

directed by Kulvindar Bakshish Singh *I Sampoornam & Karwan Theatre Group Mumbai*
90 minutes I gujarati, marathi, hindi, english

cast and crew: Kulvindar Bakshish Singh, Abhishek Narayan, Chetan Dhawale, Vinita Joshi, Noyrika Bhatheja, Chandni Srivastava

This narrative, often overlooked, delves into the magnanimity and tragedy of a figure navigating survival, compassion, and parenthood in anonymity. It explores existential struggles, ethical dilemmas, and unwavering adherence to truth, sincerity, and commitment amidst moral ambiguity. Karn, a key figure from the Mahabharata, anchors this tale, embodying human conflict and resilience. The story juxtaposes the harrowing realities of warfare with the fleeting nature of contemporary truths, urging reflection on moral relativity. Crafted with precision, the play features three female actors portraying multiple characters, enriched by indigenous folk arts like Mayurbhanj Chau, Manipuri martial arts, Thang-Ta, and Kalaripayattu. Karn emerges as more than a character, acting as a prism through which the complexities of the human condition are refracted, inspiring introspection and empathy.

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15 december



Aaj Rang Hai

directed by Purva Naresh & Gopal Dutt *I written by* Purva Naresh & Vijay Naresh *I Aarambh Mumbai & Tpot Production*
120 minutes I hindustani

cast and crew: Trishla Patel, Purva Naresh, Sarika Singh, Imran Rashid, Rajiv Kumar, Prerna Chawla, Preetika Chawla, Mayur More, Raghav Dutt, Nitin Bhardwaj, Mehek Gupta, Gargi, Ajay Upadhyay, Varun Kumar, Dipendre Verma, Sonu Rawat, Arihant Jain, UDBHAV OJHA, Righved Singh, Aashish Mishra, Abhishekh Shrivastav, Rajshekhar, Ashiesh Mishra, Charvi Ojha, Aayushman, Dyaneshwar Popalghat, Ketan Dyaneshwar, Yash Potnis

A small town and its quaint neighbourhood sometime in the sixties is the flavourful setting for this musically rich production exploring a love story set against the backdrop of Hazrat Amir Khusrau's life and work. A lovable fool Fanney, the privileged Sharda, two innocent girls Ameena and Vidya, and two old doyens of music with the wise fool Munnu create a glimpse into Khusrau's life through theirs.

film
screening

krishnayan
7:00 pm



Kaagaz ki Kashti

JAGJIT SINGH COME ALIVE

directed by: Brahmanand S Siingh

127 minutes I hindi

Kaagaz Ki Kashti … is an evocative account of a down-to-earth small-town boy from Ganganagar, Rajasthan who made it big by adding that extra something in his music … giving it a polish and soul at the same time … choosing simple but touching Urdu poetry, setting them to simple tunes and introducing western instrumentation to make them textured, contemporary and rich.

This lyrical feature-documentary uses his music and the poems he chose to sing … to tell his own story … of his exciting life-journey to stardom, of love and loss, of tribulations and triumphs. In the process, the film captures the man behind the visible and the childlike artist behind his creations.

Shot in Ganganagar, Rajasthan, where he was born and grew up; Punjab where he spent some formative years and finally Mumbai, where he flowered and established himself as a legend, the film promises to be also one of the best visualized accounts of his compositions, so rich in irony and nuances about shades of life.

Featuring friends and family who knew him well, musicians who played with him in countless concerts and recordings and some fans and well-wishers ...

featuring: Chitra Singh, Ustaad Zakir Hussain, Gulzar, Subhash Ghai, Mahesh Bhatt, Pankaj Udhas, Ghulam Ali, Anup Jalota, Talat Aziz, Ashok Khosla, Vinod Sehgal, Roop Kumar Rathod, Harsh Goenka, Daman Sood, Abhinav Upadhyay, Deepak Pandit, Ronu Majumdar, Atul Reninga, Geeta Prem, Ameesha Patel, Juhi Chawla and many others.

11 december, 2024 I 7:00 pm
krishnayan, jawahar kala kendra

sessions
and exhibitions

sukriti art gallery
10:00 am



Khushboo-e-Rajasthan

a photography exhibition presented by **Jairangam and Nazar Photo Exhibition**
curated by **Sanjay Kumawat**

dates: ***11th - 14th December, 2024***
time: 10:00 am onwards

Jairangam and Nazar Photo Exhibition presents Khushboo-e-Rajasthan, a remarkable showcase of visual storytelling curated by the acclaimed Sanjay Kumawat. This exhibition features the creative contributions of over 100 photographers from across India, each capturing the vibrant essence of Rajasthan. Khushboo-e-Rajasthan is more than an exhibition; it's a journey through the soul of Rajasthan as seen through the lenses of passionate artists who celebrate its beauty, traditions, and stories.



People Tree Poetry Dialogue

curated by **Kartikay Agarwal** & **Anshi Akanksha**

date: ***14th December, 2024***
time: 10:00 am - 12:00 pm

The session celebrates the rich history of interplay between theatre and poetry. Carefully curated poems will be presented to highlight this unique connection. Participants are encouraged to bring along poems that they feel embody elements of theatre. The second half of the session will feature a collaborative writing exercise focused on 'Dialogue Poems.' Interested participants will have the opportunity to share their creations with the group, fostering an engaging and interactive experience.



Own Your Body

session by **Neha Vyaso**

dates: ***15th December, 2024***
time: 10:00 am onwards

Discover the creativity within with Neha Vyaso's transformative session, Own Your Body. Combining acting expertise with self-care practices, this experience enhances self-awareness and emotional expression. Explore the vagus nerve, a key connection between the brain and body, through mindful breathwork that promotes relaxation and resilience. Physical exercises encourage instinctive movement and intuitive energy, bridging the mind and body to unlock creative potential. Connect with yourself, your art, and the world in this empowering journey to own your creativity and unique voice.

pitaara
exhibition

surekh art gallery
12:00 pm



Pitaara

curated by **Karan Singh Gahlot**

dates: ***11th - 15th December, 2024***
time: 12:00 pm onwards

Pitaara is an immersive experience that takes visitors on a thought provoking journey to mundane life & local stories. A curation which shines a light on the often-underlooked stories of inanimate objects, people and details that hold immense value and importance in our lives. The exhibition aims to challenge the viewer's perception and encourage them to appreciate the beauty and significance of the unnoticed.

jairangam

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